

Facial Revision Scenarios

A 24 year old has comedones, papules and pustules on the T zone area of the face however her cheeks are very dehydrated. Her skin care routine consists of soap and water.

1. What are the signs of dehydration?
2. Name the causes of dehydration.
3. What is a comedone and how does it form?
4. Recommend a daily and weekly skincare routine for this client.

Your client is 25 years old. Her skin is pale with red, blotchy patches and looks tight.

1. What skin condition does she have?
2. What cleanser, toner and mask would you use in your facial? Name the benefits of each.

A 52 year old with obvious signs of sun damage has ageing as her main concern. Her skin care routine consists of a cleanser and day time moisturiser with no SPF.

1. What are the signs of sun damage?
2. Recommend a daily and weekly skincare programme.
3. What reasons would you give to your client that she should use a toner after cleansing?



A client with a mature skin is concerned with ageing. She has booked in for a luxury facial.

1. What are the signs of a mature skin?
2. What products would you use in your facial and what would be their benefits?
3. How would you adapt the facial massage to suit your client's main concern?
4. What type of cleanser would you recommend for a client with mature skin?

Your client has an oily skin type and would like to have a facial.

1. List four characteristics of an oily skin?
2. What type of cleanser and toner would you use in the facial? Name two active ingredients and the benefit for each one.
3. How would you adapt the facial massage for this client's skin type?

