

<h1>Onychorrhexis</h1>	<p>Brittle nails</p> <p>Leads to breakage of the finger nail</p>
<h1>Blue Nail</h1>	<p>Nails have a bluish tinge around the lunula</p> <p>Caused by poor circulation</p>
<h1>Onychotrophia</h1>	<p>Atrophy of the nail ie becomes smaller and smaller</p> <p>Thin, fragile and split easily</p> <p>Looses shine</p> <p>Otherwise known as eggshell nails</p>
<h1>Discoloured Nail</h1>	<p>Nails appear slightly yellow in colour</p> <p>Can be caused by wearing a dark coloured polish without a base coat</p>
<h1>Pitting</h1>	<p>Tiny pits over the nail plate</p> <p>Nail plate may appear rough like sand paper</p>

<h2>Bruised Nails</h2>	<p>Dark purple patch on the nail plate. Caused by trauma If severe, the nail plate may lift off</p>
<h2>Onycholysis</h2>	<p>The nail plate separates from the nail plate Can be caused by trauma or infection</p>
<h2>Onychogryphosis</h2>	<p>Thick and excessively curved nail (claw nail)</p>
<h2>Hang Nail</h2>	<p>Cuticle splits</p>
<h2>Vertical Ridges</h2>	<p>Ridges running from the base to the tip (free edge) of the nail</p>

<h2>Onychomycosis</h2>	<p>Discolouration of the nail White, yellow, green or brown in colour Thickening of the nail plate Lifting of the nail plate Very infectious</p>
<h2>Onychoptosis</h2>	<p>Nail plate has fallen off the nail bed</p>
<h2>Lamella Dystrophy</h2>	<p>Flaking, peeling and breaking of the nail plate.</p>
<h2>Onychauxis</h2>	<p>Thickening of the nail plate May also change colour</p>
<h2>Beau's Lines</h2>	<p>Single transverse ridge affecting all the nails. Can be deep or shallow</p>

<p>Paronychia</p>	<p>Infection of the nail fold Painful, swollen, tender Nail separation in severe cases Sometimes known as a whitlow</p>
<p>Onychia</p>	<p>Infection of the tissue surrounding the nail Red, inflamed swelling of the nail fold Pus may be present in extreme cases</p>
<p>Pterygium</p>	<p>Thick hardened growth of dry cuticle Cuticle may stick to the nail plate</p>
<p>Onychophagy</p>	<p>Bitten nails Visible flesh line at the free edge Skin surrounding nail is often bitten Nails can become weak or deformed in some cases</p>
<p>Koilonychia</p>	<p>Concave (spoon shaped) nails due to accumulation of horny cells at the sides of the nail plate, under the nail wall or an abnormal growth stemming from the matrix.</p>

<h1>Onychocryptosis</h1>	<p>Ingrowing nail Mainly affects big toe nail Side of nail plate grows into the flesh of the nail wall. Can be sore, red and painful</p>
<h1>Leuchonychia</h1>	<p>White spots on one or more nails</p>
<h1>Sepsis</h1>	<p>Infection of the blood and organs of the body</p>